**Project Description – Weight Tracker App**

The Weight Tracker App is a simple yet practical tool designed to help users record and monitor their weight over time. It allows for easy input of weight data, enabling users to track their progress and stay motivated on their health journey.

This project was my first time learning Python and it gave me an excellent opportunity to apply my new skills to a real-world solution. I learned the basics of Python programming, including handling user input, data storage and basic logic flow.

One of the main challenges I faced was understanding how to structure the program so that it runs smoothly and produces accurate results. Overcoming this taught me valuable problem-solving skills and improved my ability to think logically.

This app can help users stay consistent with their weight goals by providing a simple record-keeping tool, making it easier to notice trends and stay committed to a healthier lifestyle.